#### Café and Outreach delivery service

During normal times our Café would be open to serve full meals from 12 noon to 2 pm, but this time of pandemic and lockdown it has been closed.

However, we have continued with our meals delivery service to the elderly and house-bound within our Parish area from Monday to Friday each week. We have, of course, had to put in place every precaution to prevent any spread of the virus and so our delivery volunteers all wear masks and carry sanitisers.

Our weekly menus include soup, a choice of three main courses and a choice of two sweets every day. There is a small delivery charge of 60p per day. We try to cater for all dietary requirements. Meals can be ordered for as many days as you wish and you are not required to have all three courses—you just order what you want. Menus are delivered to you a week in advance and an invoice is sent out each week.

If you live within the area of Pathhead Parish Church and would like to consider having meals delivered to you please get in touch with us for information. We can send you further information along with sample menus.

Assuring you of our commitment to provide you with a good service.

Telephone 01592 204635

or ask someone to call in at the Church office

#### Our meals



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Mince pie, potatoes and veg

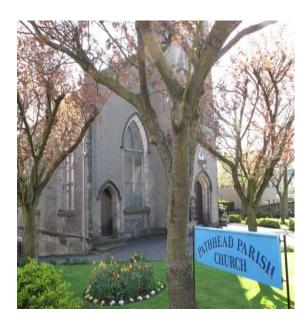


Quiche and chips or salad



**Our Delivery Volunteers** 

## PATHHEAD PARISH CHURCH 2022



## Café St Clair and Outreach Project

# Café St Clair and Outreach Project

#### Café St Clair

- ♦ Varied Menu
- ♦ A warm welcome awaits you

#### Outreach Project

- ♦ Monday Friday
- ♦ Delivered to your home
- ♦ Smaller Portions
- Special Diets catered for
- ♦ Varied Menu;
  - \* Soup Lentil, Beef Broth, Potato & Leek etc.
  - Mains Steak Pie, Lasagne, Fish & Chips, Macaroni Cheese etc.
  - Sweets Crumble, Eve's Pudding, Bread & Butter Pudding, Jelly & Fruit etc.
  - \* Baked Potatoes & Sandwiches

#### All available on request

"I have been receiving my meals from Café St Clair for over a year now and have to say I thoroughly enjoy them. There is so much to choose from."

### **Our Story**

In the 1980s the café and outreach meals service was set up as part of a Government Training scheme where young people were given work experience in catering and hospitality. When the Training scheme funding was withdrawn the church made the decision to continue the café and outreach meals as it was recognised that this was an important service to our community in Pathhead.

Lunches are served in the Café daily between12 noon and 2 pm from Tuesday to Friday and outreach meals are delivered to the housebound from Monday to Friday within the community.

People who receive meals at home are asked to give details of contact people, eg family members, neighbours, etc. and if there are any occasions when delivery people cannot get an answer, they will firstly phone the house and then contact someone on the list provided. This ensures that if, for any reason, someone cannot reach the door to answer it, someone will be alerted to help.

Both of these services has proved to be an important way of building relationships and caring for both those who visit the café on a regular basis and those who are housebound either short or long term. A genuine concern for the well-being of the customers has built up over the past number of years and it is obvious that both recipients of meals and those involved in serving enjoy a high level of satisfaction.

#### Café St Clair

If you would like any further information on either of our services please contact the Church Office on 01592 204635 or alternatively email us at pathheadchurch@btconnect.com.





#### **Contact Us**

Pathhead Parish Church Harriet Street Kirkcaldy

Tel: 01592 204635

Email: pathheadchurch@btconnect.com

Visit us on the web:

www.pathheadparishchurch.com